

# WEEK 7: What Is the Lord's Supper?

Memory Verse: 1 Corinthians 11:23 (CSB)

*"For I received from the Lord what I also passed on to you: On the night when he was betrayed, the Lord Jesus took bread, and when he had given thanks, broke it, and said, 'This is my body, which is for you. Do this in remembrance of me.'"*

## DISCUSSION QUESTIONS:

### SINGLES

1. What does it mean to "proclaim the Lord's death until he comes" (verse 26)?
2. How does the practice of the Lord's Supper reflect the importance of community for you in the church?
3. As a single person, how can you actively participate in the body of Christ and find support in your faith journey?

### SINGLE PARENT

1. How can the Lord's Supper bring comfort and strength to you when facing the challenges of raising children on your own?
2. As a single parent, how do you find spiritual nourishment and support within the church community?
3. In what ways can the practice of the Lord's Supper inspire you to demonstrate Christ's sacrificial love in your family?

### TEENS

1. Do you take communion? If so, what does it mean to you? If not, why not?
2. How would you explain communion to a friend who might not attend church?
3. What's the hardest thing to wrap your mind around when you think about the practice of communion?

### YOUNG ADULT

1. How does Paul describe the bread and the cup in verse 24?
2. As a young adult, how does participating in the Lord's Supper contribute to your sense of identity and purpose in the Christian community?
3. As a young adult, in what ways can you support and encourage each other in your faith journeys, especially as you partake in the Lord's Supper?

## **MARRIED COUPLES**

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1. What is the significance of the phrase “on the night he was betrayed” in 1 Corinthians 11:23?
2. In what ways can you use the Lord’s Supper as a time of reflection and prayer for your relationship and family?
3. How can the symbolism of the Lord’s Supper inspire you to demonstrate sacrificial love and forgiveness in your marriage?

## **FAMILY**

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1. How can your family make the Lord’s Supper a meaningful and inclusive experience for all members, regardless of age or stage of life?
2. How does Paul describe the bread and the cup in verse 24?
3. As a family, how can you extend the spirit of communion beyond the church setting and into your daily lives?

## **WIDOWED**

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1. Why does Paul emphasize the importance of remembering in this passage?
2. In what ways does the act of taking communion express unity among believers?
3. How do you think communion helps you as someone who has lost a loved one?

## **GEM PARENTS**

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1. How does the Lord’s Supper connect with Jesus’ sacrifice on the cross?
2. How do you look to include and involve your child in the sacrament of the Lord’s Supper?
3. What do you think is the toughest thing for you to communicate to your child about the Lord’s Supper?

## **NEWLYWEDS**

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1. How can participating in the Lord’s Supper together strengthen your spiritual foundation as a newlywed couple?
2. What implications does verse 30 have for understanding the consequences of improper participation in communion?
3. How might the Lord’s Supper serve as a reminder of the covenant and commitment you have made to each other and to God?

## **EMPTY NESTERS**

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1. How does the Lord’s Supper connect you to God’s redemptive plan?
2. How do you reflect differently as you take the Lord’s Supper in this season of your life?
3. In what ways does communion foster a sense of gratitude among believers (verse 24)?

## ***DIVORCED***

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1. What role does self-examination play in the context of communion (verse 28)? How does that impact you as a divorcee?
2. Why do you think Paul address the Corinthian church's behavior during the Lord's Supper?
3. Paul talks about being able to "[recognize] the body." How does participating in communion help believers "discern the body" (verse 29)?

## ***GOLDEN SAINTS***

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1. What does it mean to "do this in remembrance of me," and how can we ensure we're doing it with the right heart attitude?
2. How does communion proclaim faith to a watching world?
3. How do you make sure that taking communion doesn't get too routine as an older saint?