

WEEK 11: What's My Best Self?

Memory Verses: Psalm 1:1-2 (CSB)

"How happy is the one who does not walk in the advice of the wicked or stand in the pathway with sinners or sit in the company of mockers! Instead, his delight is in the Lord's instruction, and he meditates on it day and night."

DISCUSSION QUESTIONS:

SINGLES

1. How can the principles in Psalm 1:1-2 guide you in making daily decisions that align with your faith?
2. How can singles support and encourage one another to stay rooted in God's Word, especially when facing societal pressures?
3. Discuss practical ways you can actively engage in studying and applying God's Word in your daily lives.

SINGLE PARENT

1. In what ways can you create a home environment that reflects the principles of Psalm 1:1-2?
2. Discuss the importance of community and fellowship for you, both within and outside the church.
3. Discuss practical ways the church can be a source of emotional and spiritual support for you.

TEENS

1. How can you apply the principles of Psalm 1:1-2 to navigate the challenges you face in today's culture?
2. Discuss the impact of peer influence in your life and how Psalm 1:1-2 can guide you in making wise choices.
3. How can the church create an environment where you feel comfortable discussing your faith and seeking guidance?

YOUNG ADULT

1. How does Psalm 1:1-2 provide a foundation for you as you navigate career choices, relationships, and other life decisions?
2. In what ways can you actively engage with Scripture and apply its principles in your daily lives?
3. How can the church provide relevant biblical teaching and support for you as you face the challenges of this stage of life?

MARRIED COUPLES

1. How can the Word of God guide you in making joint decisions and facing challenges together?
2. Discuss the role of prayer and shared spiritual practices in strengthening the marital bond.
3. Explore the biblical principles of love, respect, and mutual submission in the context of marriage.

FAMILY

1. How can you create a home environment that reflects the principles of Psalm 1:1-2?
3. Discuss practical strategies for integrating regular family Bible study and prayer into daily routines.
4. How can you navigate challenges and conflicts in a way that aligns with biblical principles?

WIDOWED

1. How can the principles of Psalm 1:1-2 provide comfort and guidance for you during this stage of life?
2. In what ways can the church community offer support and companionship to those who have experienced the loss of a spouse?
3. Discuss the role of delighting in the Lord in the process of grieving and finding hope after the loss of a loved one.

GEM PARENTS

1. How can you apply the wisdom of Psalm 1:1-2 to navigate the unique challenges you face?
2. In what ways can the church come alongside and support you, keeping in mind the principles of Psalm 1:1-2?
3. How can you find strength and patience in God's Word, particularly in the context of raising GEM child as suggested in Psalm 1:1-2?

NEWLYWEDS

1. How can you establish a strong spiritual foundation in your marriage using Psalm 1:1-2 as a guide?
2. In what ways can the principles of meditating on God's Word contribute to the growth and unity in your new marriage?
3. How might the pursuit of your "best self" in Psalm 1:1-2 positively impact the dynamics of your relationship?

EMPTY NESTERS

1. How can Psalm 1:1-2 guide you in rediscovering your individual and shared purposes in this new life stage?
2. In what ways can you use your newfound time to deepen your relationship with God, as suggested in Psalm 1:1-2?
3. How might the pursuit of your "best self" in Psalm 1:1-2 positively impact the dynamics of your relationships?

DIVORCED

1. How can you find guidance and hope in Psalm 1:1-2 for rebuilding your lives?
2. In life, where do you find community these days?
3. How might the concept of delighting in God's law help you to cultivate a renewed sense of purpose and direction?

GOLDEN SAINTS

1. How can you draw on the wisdom of Psalm 1:1-2 to reflect on your life journey and leave a lasting legacy?
2. In what ways can the church engage and honor you based on the principles outlined in Psalm 1:1-2?
3. How might you continue to find joy and purpose in your relationship with God, considering the insights from Psalm 1:1-2?