

EPISODE 25: "RUNNING A FIXED RACE"

HEBREWS 12:1-17

CONTEXT

In this episode, we are going to explore the discipline it takes to run the Christian race. Jesus is the example of how to endure a discipline given by the father through grace. Which should lead to our sharing of God's grace to others.

Jesus as the forerunner of the race (v. 1-2)

- i. Jesus is the better example of how to run the Christian race.
 - a) We have examples from the _____. (Heb. 12:1a; Heb. 11)
- ii. How should we run the race?
 - a) Reject the _____ of our sin. (Heb. 12:1b; Eph. 4:22-24; 1 Peter 4:1-2)
 - b) Face the race with _____. (Heb. 12:1c; 1 Cor. 9:24-27; Matt. 24:9-13)
 - c) Focus on the _____ (_____). (Heb. 12:2a; Eph. 5:1-2)
 - 1) He _____ hardships (the Cross). (Heb. 12:2b; Matt. 16:21; Mar. 14:36; 1 Peter 3:18)
 - 2) He _____ shame. (Heb. 12:2b; Isaiah 53:3; Mark 9:12b; 1 Peter 4:14-16)
 - 3) He _____ the race. (Heb. 12:2b; 1 Peter 3:21-22)

The Discipline required to finish the race (v. 3-13)

- iii. How can we finish the race?
 - a) _____. (Heb. 12:3a; Matt. 22:15-22)
 - b) _____. (Heb. 12:3b; Isaiah 40:30-31; Gal. 6:9; 1 Cor. 15:58)
 - c) _____. (Heb. 12:4; 1 Cor. 10:13)
- iv. Why do we run the race?
 - a) We are _____. (Heb. 12:5)
 - 1) Do not _____. (Heb. 12:5b; Psalm 118:17-18; 1 Cor. 11:32)
 - 2) Do not _____. (Heb. 12:5c; 2 Cor. 4:8-9)
 - b) We are _____ by God. (Heb. 12:6; Deut. 8:5)
- v. Why are we disciplined?
 - a) A _____ disciplines his _____. (Heb. 12:7; Prov. 3:12; Prov. 23:13-14)

- b) It _____ our relationship with God. (Heb. 12:8; 2 Sam. 7:14-17)
- vi. What should we learn from our discipline?
 - a) _____ (Heb. 12:9a; Ex. 20:12; Eph. 6:1-4)
 - b) _____ (Heb. 12:9b; James 4:7)
- vii. What is the result from discipline?
 - a) Sharing in _____ . (Heb. 12:10; Col. 1:21-23)
 - b) Producing _____ . (Heb. 12:11; Prov. 11:30)
 - c) _____ in our _____ . (Heb. 12:12; 2 Cor. 12:9-11)
 - d) _____ (Heb. 12:13; Prov. 4:26-27)

Sharing the Grace of God (v. 12-17)

- viii. How can we share God's grace with others?
 - a) Strive for _____ (Heb. 12:14a; James 3:18; 1 Peter 3:9-12)
 - b) Pursue _____ (Heb. 12:14b; 2 Cor. 7:1)
 - c) _____ one another. (Heb. 12:15a; Luke 22:31-34)
 - d) _____ towards one another. (Heb. 12:15b-16; Col. 3:5)
 - e) Do not be _____ (Heb. 12:16; Gen. 25:31-34)
- ix. What happens when you don't share God's grace?
 - a) Esau's example
 - 1) Blessings are _____ (Heb. 12:17a; Matt 7:23; 25:31-40)
 - 2) Unable to _____ (Heb. 12:17b; 6:4-6)